

Spiritual Directors

Sr. Luella Dames, CPPS E-mail: ldames@cpps-ofallon.org 636-542-9510

Luella is a Sister of the Most Precious Blood who was a teacher, guidance counselor, vocation minister and musician. She attended Creighton University and received a degree in Christian Spirituality with an emphasis in Spiritual Direction and Ignatian Retreats. She has directed over 100 8-day Ignatian Retreats and at present, is involved in the "Retreat-in-Everyday Life."

Sr. Joann Fischer, CPPS E-mail: jfischer@cpps-ofallon.org 636-542-9518

My experience in directing retreats and in being a spiritual director began in the eighties. This occurred at the request of fellow travelers both men and women. I became a team member of the "Bridges" Program, a guided Scripture retreat in everyday life based on the Spiritual Exercises of St. Ignatius. I have been a member of the CPPS retreat teams and have directed student retreats at the Newman Center at Washington University. Presently I continue to accompany others as a fellow traveler and also prepare reflections on the Sunday Scripture readings for the residents of Delmar Gardens (South).

Sr. Theresa Jezl, CPPS E-Mail: tjezl@cpps-ofallon.org 636-515-2883 (cell)

Theresa is a Sister of the Most Precious Blood. She has returned from ministering 48 years in Finland, where she has taught and been a pastoral minister and from where she has had the privilege to direct retreats in Lutheran retreat houses in Finland and in other retreat houses in Spain, Ireland and the United Kingdom. She has studied Ignatian spirituality and spiritual direction at St. Beuno's, a Jesuit retreat center in Wales.

Sr. Carol Orf, CPPS E-mail: corf@cpps-ofallon.org; 314-560-1028 (cell)

Carol is a Sister of the Most Precious Blood who was a teacher, social justice activist, formator and is now Coordinator for the Sanguis Christi Spirituality Center at the Sisters of the Most Precious Blood, O'Fallon, MO. She is a good listener and feels honored to tend the holy in herself and in another. She completed an Internship in the Art of Spiritual Direction at Mercy Center in Burlingame, CA.

Sr. Doris Rehtiene CPPS, Email: drehtiene@cpps-ofallon.org 636-312-0082 (cell)

Doris is a Precious Blood Sister. She has returned to O'Fallon after ministering in both Peru and Bolivia for 45 years. In South America, she taught, did parish ministry, served in the Amanecer Program and ministered in formation work. She has directed 30 day retreats and 8 day retreats as well as Spiritual Direction in both English and Spanish. She has a degree in Community Formation and Spirituality from the Institute of Religious Formation Program at St. Louis University.